

The Body Therapy Center and School of Massage, Ltd

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Continuing Education 2012

Date	Class	Instructor	CE Hrs	Price
Jan 27-29 & Feb 10-11 Fr 6-10pm, Sa/Su 9-6pm	*Intro to NeuroMuscular Therapy (NMT)	Holly Pinto, <i>BS, LMT, NCTMB</i>	32	\$250
February 3 1:30 – 3:30pm	Crafting Your Ideal Career: The Joy of Sacred Fire Living	Nancy Herold, <i>RN, BSN, Author and Personal Development Coach</i>	2	\$69
February 17 1:00 – 5:00pm	Fueling the Sacred Fire: The Alchemy of Change	Nancy Herold, <i>RN, BSN, Author and Personal Development Coach</i>	4	\$149
February 18 9:00 – 5:00pm	Reiki I	Carmen Medellin Douglas, <i>LMT, NCTMB, MSW, Traditional Usui Reiki Master</i>	8	\$175
Feb 24-26 & Mar 9-10 Fr 6-10pm, Sa/Su 9-6pm	*NeuroMuscular Therapy: Lower Extremity	Holly Pinto, <i>BS, LMT, NCTMB</i>	32	\$250
March 2 10:30 – 6:30pm	Igniting the Sacred Fire: Reinventing Yourself at Any Age	Nancy Herold, <i>RN, BSN, Author and Personal Development Coach</i>	8	\$249
March 11 9:00 – 3:00pm	Professional Ethics of Touch; Healthy Boundaries, Conflict Resolution	Holly Pinto, <i>BS, LMT, NCTMB</i>	6	\$125
March 16-18 Fr 6-10pm, Sa/Su 9-6pm	Mother and Baby Advanced Prenatal Massage <i>(manual included)</i>	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$450
March 23-24 Fr 6-8pm, Sa/Su 9-6pm	Advanced Stretching – Ankles/Feet & Arms/Hands	Tammy Bivin, <i>LMT, NCTMB</i>	10	\$200
March 30 1:00 – 5:00pm	Fueling the Sacred Fire: The Alchemy of Change	Nancy Herold, <i>RN, BSN, Author and Personal Development Coach</i>	4	\$149
April 6 10:30 – 6:30pm	Igniting the Sacred Fire: Reinventing Yourself at Any Age	Nancy Herold, <i>RN, BSN, Author and Personal Development Coach</i>	8	\$249
Apr 13-15 & Apr 27-28 Fr 6-10pm, Sa/Su 9-6pm	*NeuroMuscular Therapy: Upper Extremity	Holly Pinto, <i>BS, LMT, NCTMB</i>	32	\$250
April 21 9:00 – 5:00pm	Reiki II	Carmen Medellin Douglas, <i>LMT, NCTMB, MSW, Traditional Usui Reiki Master</i>	8	\$250
April 22 9:00 – 3:00pm	Professional Ethics of Touch; Healthy Boundaries, Conflict Resolution	Holly Pinto, <i>BS, LMT, NCTMB</i>	6	\$125
June 2 9:00 – 5:00pm	Reiki I	Carmen Medellin Douglas, <i>LMT, NCTMB, MSW, Traditional Usui Reiki Master</i>	8	\$175
June 8-9 Fr 6-10pm, Sa/Su 9-6pm	Restorative Yoga: Taking Care of Yourself and Your Clients	Amy Schmidt-Sand	12	\$250
June 10 9:00 – 3:00pm	Professional Ethics of Touch; Healthy Boundaries, Conflict Resolution	Holly Pinto, <i>BS, LMT, NCTMB</i>	6	\$125
June 15-16 Fr 6-8pm, Sa 9-6pm	Advanced Stretching – The Neck & Shoulders <i>(manual included)</i>	Tammy Bivin, <i>LMT, NCTMB</i>	10	\$300
Jun 22-24 & Jul 13-14 Fr 6-10pm, Sa/Su 9-6pm	*NeuroMuscular Therapy: Cervical Spine and Cranium	Holly Pinto, <i>BS, LMT, NCTMB</i>	32	\$250
July 6-8 Fr 6-10pm, Sa/Su 9-6pm	Hydrotherapy	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$525
July 15 9:00 – 1:00pm	Understanding HIV/AIDS	Holly Pinto, <i>BS, LMT, NCTMB</i>	4	\$125

July 20-22 Fr 6-10pm, Sa/Su 9-6pm	Advanced Stretching – Back, Pelvis, and Thighs <i>(manual included)</i>	Nick Gephart, <i>LMT, NCTMB</i> & Tammy Bivin, <i>LMT, NCTMB</i>	20	\$450
July 27-29 Fr-Su 9:00 – 5:00pm	Trauma Resolution Skills for the Massage Therapist	Michael Shea, PhD	19.5	\$295
August 4 9:00 – 5:00pm	Reiki II	Carmen Medellin Douglas, <i>LMT, NCTMB,</i> <i>MSW, Traditional Usui Reiki Master</i>	8	\$250
August 5 9:00 – 6:00pm	Massaging Patients with Cancer	Holly Pinto, <i>BS, LMT, NCTMB</i>	8	\$200
August 17-19 Fr 6-10pm, Sa/Su 9-6pm	Myofascial Release Tech I: Fundamentals of Deep Tissue 1 st of 4 classes for Certification. <u>Required for other Myofascial</u> <u>classes.</u>	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$525
September 14-16 Fr 6-10pm, Sa/Su 9-6pm	Myofascial Release Tech II: Upper Extremities & Shoulder 2 nd of 4 classes for Certification	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$525
Septemeber 21-22 Fr 6-10pm, Sa 9-6pm	Thai Yoga	Amy Schmidt-Sand	12	\$250
September 29-30 Sa & Su 9-6pm	Triggerpoint and Pain Referral Patterns	Holly Pinto, <i>BS, LMT, NCTMB</i>	16	\$400
October 12-14 Fr 6-10pm, Sa 9-6pm	Myofascial Release Tech III: Back, Pelvis, & Belly 3 rd of 4 classes for Certification	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$525
October 20 9:00 – 5:00pm	Reiki I	Carmen Medellin Douglas, <i>LMT, NCTMB,</i> <i>MSW, Traditional Usui Reiki Master</i>	8	\$175
October 21 9:00 – 3:00pm	Professional Ethics of Touch; Healthy Boundaries, Conflict Resolution	Holly Pinto, <i>BS, LMT, NCTMB</i>	6	\$125
November 9-11 Fr 6-10pm, Sa/Su 9-6pm	Myofascial Release Tech IV: Lower Extremities & Gluts, 4 th of 4 classes for Certification	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$525
November 16-18 Fr 6-10pm, Sa/Su 9-6pm	Mother and Baby Advanced Prenatal Massage <i>(manual included)</i>	Holly Pinto, <i>BS, LMT, NCTMB</i>	20	\$450
November 30 9:00 – 6:00pm	Massaging Patients with Cancer	Holly Pinto, <i>BS, LMT, NCTMB</i>	8	\$200
December 15-16 9:00 – 5:00pm both days	Reiki III – Master Teacher Level	Carmen Medellin Douglas, <i>LMT, NCTMB,</i> <i>MSW, Traditional Usui Reiki Master</i>	16	\$325
December 21-22	Advanced Stretching – The Neck & Shoulders <i>(manual included)</i>	Tammy Bivin, <i>LMT, NCTMB</i>	10	\$300
December 28-29	Advanced Stretching – Feet and Hands	Tammy Bivin, <i>LMT, NCTMB</i>	10	\$200
December 30 9:00 – 3:00pm	Professional Ethics of Touch; Healthy Boundaries, Conflict Resolution	Holly Pinto, <i>BS, LMT, NCTMB</i>	6	\$125

* NMT seminars consist of two weekends; Fridays 6-10pm and Sat/Sun 9-6pm. Students must have Coordinators approval and register through SWIC at the beginning of each semester through Tammy to attend NMT. Cost for all NMT classes is approx \$250. Holly Pinto is an Instructor of NMT for the American version.

Please call Tammy for more information for continuing education courses held at The Body Therapy Center and School of Massage, Ltd. tamara.bivin@swic.edu or 618-239-6400. Also, visit us at www.thebtscm.com or find us on Facebook.